



NORTH CENTRAL LONDON

**Strategically developing health  
volunteering in North Central London  
to maximise the level, diversity and  
impact of volunteers**

## **Employment and related Wrap Around Support in North Central London**

**Welcome to the Volunteering Together 4 Health** Wrap Around Support document, designed to support people across North Central London (NCL) who are looking to move from volunteering in the health or social care sectors, into employment.

The document is split by borough to enable you to easily find the support available to you. Support could include employment services (such as help with writing a CV or interview practice), or where to buy a low-cost smart outfit for an interview, through to digital support or accessing mental health support – it varies from borough to borough.

We have done our best to make this list as comprehensive as possible, but if you think you would benefit from ‘volunteering into employment’ support that you cannot see listed, please get in touch with your local Volunteer Centre, or your Local Council to find out if that support is available. Similarly, if you discover a helpful service that is not listed here, please let us know so that we can include it and enable others to benefit.

*We wish you all the best in your career progression!*

### **Where to find information in this document:**

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## Barnet

### 1) BOOST (by The Barnet Group) overview

An employment, training, advice and well-being service, based in community venues across Barnet. The BOOST team can help guide Barnet residents through everything from creating a CV to job searching and interview tips.

BOOST employment services include:

- confidence building
- identifying skills
- creating CVs
- searching and applying for jobs
- interview preparation

BOOST run regular Job Clubs and Meet the Employer Events.

BOOST run digital skills sessions and have access to low cost IT devices and free SIM cards.

Their team has access to new job vacancies every week. Their range of partners can help with overcoming anxiety and gaining confidence, finding childcare, accessing benefits and more. [Register](#) now to join over 3,000 Barnet residents who have been helped by BOOST since 2015.

### Specific services from/via BOOST:

#### Digital and Online Learning

There is a vast amount of online learning available - below are a few links. For digital help and advice email your enquiry to [boost@barnet.gov.uk](mailto:boost@barnet.gov.uk)

- [Make it Click](#) – Provides free courses, tools and templates that you can trust. You can learn new apps, improve the skills you already have and take a positive step forward in your work
- [Learn My Way](#) – provides a website of free online courses for beginners, helping you develop digital skills to make the most of the online world
- [Alison.com](#) – provides free online courses from the world's leading experts
- [Skills Toolkit](#) – Is a government led skills website that provides Open University course

#### Adult Community Learning

Barnet and Southgate College provide a range of community courses for adults aged 19 and over that include;

- ESOL
- Personal development

- Health and Wellbeing
- Skills for Work/Employability

For the latest list of courses and to register, visit [Barnet & Southgate College](#)

### **Young People and Work**

If aged between 16 and 30 years old BOOST provide dedicated help to find work, choose a career path or get into training or full-time education. Register with BOOST [boost@barnet.gov.uk](mailto:boost@barnet.gov.uk)

### **Apprenticeships**

The Barnet Group provides apprenticeship opportunities for Barnet residents each year. As well as being paid for working in a real job you will receive training to achieve in Level 2 Business Administration to gain skills and experience you need for a successful career.

BOOST are also able to help find apprenticeships through the contractors they work with. To register your interest for an apprenticeship email [boost@barnet.gov.uk](mailto:boost@barnet.gov.uk) or visit [Barnet Group Jobs](#)

For a range of other apprenticeships visit <https://www.gov.uk/apply-apprenticeship>

### **Shared Prosperity Fund (SPF)**

The BOOST UKSPF programme provides holistic employment support to Barnet residents. The goal is to help you develop essential employability skills, overcome barriers to employment, boost motivation and confidence, and develop new skills through training opportunities.

They offer a range of services, including:

Personalised coaching sessions

- Interview preparation
- Creating or updating your CV
- Engaging motivation workshops
- Access to various training programmes
- Building both personal and professional skills

You are eligible for the programme if you meet the following criteria:

- You are 16 years or above.
- You are a Barnet resident.
- You are currently unemployed.
- You are not self-employed.
- You are not enrolled in any other employment programme (e.g. Shaw Trust)

All individuals, whether receiving benefits or not, are welcome to join our programme.

Refer yourself: [UKSPF Programme registration – Barnet Homes](#)

Refer a client: [UKSPF Programme referral – Barnet Homes](#)

## **Jobs Plus**

Holistic employment support to residents of the Grange Estate in East Finchley and is based on an American model which is proven to work. The goal is to help develop essential employability skills, overcome barriers to employment, BOOST motivation and confidence and enter long-term employment.

We offer a range of services, including:

- Creating or updating your CV
- Sourcing vacancies
- Application assistance
- Interview preparation
- Financial support and incentives whilst in work

You are eligible for the programme if you meet the following criteria:

- You are at least 16 years old
- You are living on or very close to the Grange Estate
- You are currently unemployed or looking to improve your current employment

All individuals with the right to work in the UK, whether receiving benefits or not, are welcome to join Jobs Plus. All eligible individuals with the right to work in the UK, whether receiving benefits or not, are welcome to join Jobs Plus.

Contact [JobsPlus@barnethomes.org](mailto:JobsPlus@barnethomes.org)

## **2) Additional Support**

- [National Careers Service](#) provide information, advice and guidance to help you make decisions on learning, training and work. Or call 0800 100 900.
- [West London Skills and Work Finder](#) – Are you interested in upskilling or getting into work? This directory will help you to find training, events and employment support with local providers.

Note: colleagues at BOOST and the Economy & Skills team at Barnet Council collaborate with Shaw Trust's Work Well programme, DWP's Connect to Work programme and Inclusion Barnet (local Deaf and Disabled People's Organisation DDPO)).

**Subscribe to Barnet Employment and Skills Latest News and Updates (from Barnet Council):**

<https://confirmsubscription.com/h/d/5BBD930A00A63375>

### 3) **Barnet Homes Financial Support:**

For information / signposting to services on: cost-of-living support; debt advice:  
[Financial Support – Barnet Homes](#)

### 4) **JAMI (Jewish Association of Mental Illness)**

JAMI is a mental health non for profit charity for the Jewish community. Their vocational service supports people aged 25 and over to access, prepare for and pursue meaningful activity, including volunteering, education, skills training and paid employment.

They advise on career change, support them in their job search and help them to maintain employment. JAMI collaborates with other organisations, such as Work Avenue, Resource and Boost, to help people access more specific support around paid employment.

JAMI offers a volunteer opportunity called JAMI Ambassador, acting as an advocate of JAMI in synagogues, and across the community. They offer Mental Health First Aid Training as part of their offer. Their Hospital Visiting Volunteer role entails visiting Jewish patients in mental health units, which provides valuable experience of working with residents experiencing a mental health illness.

### 5) **Barnet Mencap**

*Barnet Mencap was established in 1965 and for over fifty years it has provided advice, information and support for people with a learning disability and autistic people and their family carers.*

Their Bright Futures Employment project is a specialist programme providing people with a chance to get a job. Support provided includes:

- Building pre-employment skills and personal development
- Support to increase confidence and motivation
- One-to-one in-work support via job coaching
- Opportunities, employment and training based on career goals

## Camden

## Employment and Training Support

Future First (14-19yrs olds) - <https://www.futurefirst.org.uk/>  
 Gingerbread (Single-parents) - <https://www.gingerbread.org.uk/find-information/>  
 Good Work Camden Job Hub - <https://www.camden.gov.uk/employment-support>  
 Harington (learning disabilities focus) - <https://www.harington.org.uk/>  
 Hestia (mental health focus) - <https://www.hestia.org/camden>  
 Hillside Clubhouse (mental health focus) -  
<https://www.hillsideclubhouse.org.uk/employability-support-at-the-clubhouse>  
 Hopscotch (women focus) - <https://hopscotchuk.org/>  
 Kurdish Community Association (focus on Kurdish community) -  
<https://www.facebook.com/people/Kurdish-Community-Association-KCA/100069708670494/>  
 Lighthouse London Community Trust (16-24 NEET focus) - <https://www.llct.org.uk/>  
 NCi Foundations (Single mums focus) - <https://ncifoundations.org/>  
 Refugee Action (Refugee focus) - <https://www.refugee-action.org.uk/>  
 Skills Exchange Project (young people focus) - <https://www.seproject.co.uk/>  
 SmartWorks (women focus) - <https://www.smartworks.org.uk/>  
 Somers Town Community Association Job Hub - <http://www.somerstown.org.uk/>  
 The Hive Camden (16-24 focus) - <https://www.catch-22.org.uk/find-services/the-hive/>  
 The Living Centre Job Hub - <https://www.thelivingcentre.org/>  
 Unity Works (Learning disability focus) -  
<https://www.thera.co.uk/about/companies/unity-works-social-enterprises/>  
 Work Rights Centre (Migrants focus) - <https://www.workrightscentre.org/>  
 Young Women's Trust (Young women's focus) - <https://www.youngwomenstrust.org/>  
 50plus online café (Over 50s focus) - <https://www.50plusonlinecafe.com/>

## Other Wrap around Support

Families - <https://families.camden.gov.uk/>  
 Cost of Living Support - <https://www.camden.gov.uk/cost-of-living-support>  
 Early help for children and families - <https://www.camden.gov.uk/early-help-for-children-and-families>  
 Food support - <https://findfood.camden.gov.uk/>  
 Friendly support and healthy food - <https://cooperation.town/gospel-oak-living-room/>  
 Mental health support (11-25yr olds) -  
<https://www.mentalhealthcamden.co.uk/services/kooth>

## ENFIELD

**NCL Health and Social Care** works closely with you to identify the best career pathways in health and social care. We will offer tailored advice and guidance according to your individual preferences: [NCL Health and Social care Academy - Proud to Care](#)

NCL training hub: [NCL Training Hub](#)

### Support around Mental Health

- NHS IAPT Enfield: [Enfield - NHS Talking Therapies \(Barnet & Enfield\)](#)
- NCL Vanguard Enfield : An psychologically-led service that offers accessible, holistic wellbeing support to marginalised children and young people (CYP) affected by serious youth violence and offending: [London Vanquards – Making Progress – Violence Reduction Programme](#)
- Way Through: They provide advice and support to young people under 25 who are impacted by living with mental health, drug and alcohol challenges: <https://www.waythrough.org.uk>

### Employment and Training Support

#### Young People:

- Connect to Work is a free programme that helps young people aged over 16 with health conditions, disabilities (or other challenges), find and keep meaningful employment: [WorkWell - Working Well Trust](#)
- Information on local jobs and careers in partnership with slenky: <https://www.slenky.com/>
- [enfield works - Enterprise Cooperative Trust](#)
- Apprenticeship: [National Apprenticeship Week celebrated in Enfield | Enfield Council](#)
- Digital and Online learning: [Capital City College - London's Largest Further Education College](#)

**Adults:** A variety of full, part-time short courses for adults considering a career change, wanting to upskill or learn something new, here are list of course providers:

- [Adult Learners - Capel Manor College](#)
- [Adult Education College Courses in London - Capital City College](#)
- [Barnet & Southgate College](#)
- [Enfield Construction Skills Academy - Capital City College](#)

Support with interview clothing: If candidates require suitable clothing to go to an interview, they may be eligible for support and advice from one of the organisations below:

- [Smart Works](#) (for women)
- [Suited and Booted](#) (for men)

Job Centre: [Enfield JobCentre Plus](#)

[Thrive into Work](#)-offers free, tailored support in Enfield for meaningful employment, including one-to-one assistance, collaboration with healthcare teams, employer communication guidance, and up to 4 months of in-work support.

The Shaw Trust: [Let's Talk Employment Haringey and Enfield - Shaw Trust](#)

Meridian Waters: [Meridian Water | Jobs & Skills At Meridian Water](#)

[Maximus](#) works with JCP to provide support for unemployed residents that are in receipt of Universal Credit.

## Haringey

- [Employment Support](#) Whittington
- [Haringey Works – Refugee Employment Network](#)
- Haringey Works: [Haringey Works | Waiting Room](#)
- [Barnet & Haringey IPS](#)
- They also operate in other North London boroughs: [Employment Support with Twining-Hestia](#): [Employment Support with Twining-Hestia](#)
- [Employment Advisors in NHS Talking Therapies](#): not Haringey but other North London
- [Project 2020: employment and training advice | Haringey Council](#)
- Employment support for people with learning disabilities and autism Haringey: [Supported Employment | Mencap](#);  
[Haringey Mencap – Supporting Our Local Community](#)
- Other general: [CVs and job applications for older people | Age UK](#)
- [Helpforce | Call to expand 'Volunteer To Career' to support NHS...](#)

## Islington

### Employment and Training Support

iWork

Islington Employment Practitioners Network

Health and Social Care Academy

Islington Council Connect to Work Programme

WorkWell - the Shaw Trust <https://nclhealthandcare.org.uk/keeping-well/workwell/>

St Luke's Community Centre Suited Booted <https://www.slpt.org.uk/support-service/suited-booted-for-men/>

St Luke's Community Centre - Job Club <https://www.slpt.org.uk/st-lukes-events/#!event/2024/1/9/job-club>

Islington Adult Learning <https://adultlearning.islington.gov.uk/>

Ingeus - <https://ingeus.co.uk/for-you/finding-work>

Islington Supported Learning Team (ISET) -

<https://www.islingtonworking.co.uk/Web%20Forms/WebUser/PortalPage.aspx?Page=SEQF>

Islington Employment Support for Refugees and Asylum Seekers

<https://www.islington.gov.uk/business/employ-local-people/refugee-employment>

LIFT programme - Leading Inclusive Futures through Technology

<https://jobs.liffutures.london/Web%20Forms/WebUser/PublicVacancies.aspx>

Hillside Club House - support for those with mental health issues getting into work

<https://www.hillsideclubhouse.org.uk/employability-support-at-the-clubhouse> <https://www.hillsideclubhouse.org.uk/islington-ips>

Youth Employment Hubs - <https://www.islington.gov.uk/jobs-and-careers/support-finding-work/youth-employment>

### Support around Financial Wellbeing

Help on Your Doorstop (Debt arrears, PIP

assessments) <https://www.helponyourdoorstep.com/>

Citizens Advice <https://islingtoncab.org/>

### Support around Mental Health

Recovery College <https://www.northlondonmentalhealth.nhs.uk/news/camden-and-islington-recovery-college-partners-with-peabody-4838/>

Mental Health Toolkit [https://www.islington.gov.uk/-/media/sharepoint-lists/public-records/publichealth/information/adviceandguidance/20252026/mental-health-and-wellbeing-](https://www.islington.gov.uk/-/media/sharepoint-lists/public-records/publichealth/information/adviceandguidance/20252026/mental-health-and-wellbeing-toolkit.pdf?la=en&hash=B28421776BEB6F6E62CA45FB054CC7925E19B95F)

[toolkit.pdf?la=en&hash=B28421776BEB6F6E62CA45FB054CC7925E19B95F](https://www.islington.gov.uk/-/media/sharepoint-lists/public-records/publichealth/information/adviceandguidance/20252026/mental-health-and-wellbeing-toolkit.pdf?la=en&hash=B28421776BEB6F6E62CA45FB054CC7925E19B95F)

LIFT Youth Hub Emotional Wellbeing Team

<https://www.liftislington.org.uk/support/emotional-wellbeing-team/>

Manor Gardens - Translation Services <https://manorgardencentre.org/advocacy/>